



# LIFE GROUP DISCUSSION GUIDE



AUGUST 30, 2026

## Dive In (10 Minutes)

**Go around and let everyone share...** In a world full of AI, photo filters, and fake reviews, what is one product, brand, photo, or experience you've come across recently that turned out to be completely fake or hyped up? How did it feel when you realized it wasn't the real thing?

## Dig Deep (40 Minutes)

**Read 1 John 1:1-4 aloud.**

- John used sensory language in verses 1-2 ("*which we have heard, which we have seen with our eyes, which we have looked at and our hands have touched*"). Why do you suppose John placed such heavy emphasis on the physical, tangible reality of Jesus? How does an authentic, historically rooted Savior contrast with the self-made, "artificial" spiritualities popular in our world today?
- John wrote, "*The life appeared; we have seen it and testify to it...*" In an age where people build fake online personas, why is it so refreshing that Jesus actually stepped into human history as a real, living person?
- What is the difference between superficial social connection and true, authentic *fellowship (koinonia)* rooted in Jesus? Why is it so hard to experience real community when we are hiding behind masks or artificial perfection?
- Look at verse 4: "*We write this to make our joy complete.*" Why does shallow or "fake" faith always lead to exhaustion, while an authentic encounter with the real Jesus produces deep, complete joy?

## Do Big (10 Minutes)

- Tell about a time when you stopped "playing church" or performing a religious identity and finally experienced Jesus as a real, authentic Savior in your actual daily life. What changed for you?
- How does it challenge you to consider whether your current walk with God is built on a real, daily encounter with Jesus or just an artificial routine of habits and expectations?