



LIFE GROUP DISCUSSION GUIDE



SEPTEMBER 20, 2026

Dive In (10 Minutes)

Go around and let everyone share...What is a time someone showed you kindness or love through a practical action (e.g., bringing a meal, helping you move, fixing something) that meant way more to you than just receiving a text or "thinking of you" message? Why does tangible sacrifice communicate love so much louder than words?

Dig Deep (40 Minutes)

Read 1 John 2:3-6 aloud.

- In verses 11–15, John contrasted Cain’s destructive envy with the way believers ought to treat one another, stating that loving our brothers and sisters was proof that we have passed from death to life. In a culture driven by outrage, comparison, and online hostility, why is radical, steady love within the church such a powerful sign of authentic spiritual life?
- Focus on the defining standard of love in verse 16: *"This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters."* How does the cross completely redefine "love" compared to how our artificial, self-centered culture defines it?
- Notice the practical challenge in verses 17–18 (*"Dear children, let us not love with words or speech but with actions and in truth"*). Why is it so easy to express "warm feelings" or spiritual-sounding statements while withholding actual time, money, or help from a brother or sister in need? What holds us back from real generosity?
- Look at the summary command in verse 23: to believe in the name of Jesus Christ and to love one another as He commanded. How are right belief (*faith*) and right action (*love*) inextricably linked in authentic Christianity? Can you truly have one without the other?

Do Big (10 Minutes)

- How will you “love authentically” this week? What practices will you begin to implement?
- In what ways can you “lay down your life” for your brothers and sisters?